



LOSHRS

2026

Race 1 - Course Race – Sun., May 31,

Races 2 & 3 – Bluffers Basin Weekend – Sat. Jun. 27 & Sun. Jun. 28,

Race 4 - Long Distance (100 miler) Race – Sat. Aug. 15/Sun. Aug. 16,

Races 5 & 6 - DYC Weekend – Sat. Sep. 19 & Sun. Sep. 20

Organizing Authority

Lake Ontario Offshore Racing of the Port Credit Yacht Club

www.loor.ca

Sailing Instructions

Version V03

Published on 2026-09-16

With Amendment 2

#	DATE	SECTION	AMENDMENT
1	2026-05-27	10.1	Fixed typo in LAT LON for NYC Mark 3
1	2026-09-16	10.1	Corrected DYC Finish and Start Marks to reflect their actual position.

LOOR Race Portal

racing.loor.ca

[**Official Notice Board**](#)

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These abbreviations are used in this document. (Not part of the Notice of Race)

CORDC	Crew Overboard Recovery Drill Certificate
DSC	Digital Selective Calling. Part of the Global Maritime Distress Safety System. Developed by International Maritime Organization (IMO) and mandated for specific vessels under the Safety of Life at Sea Convention (SOLAS), and available to all vessels.
DH	Double Handed
DP	Discretionary Penalty as defined in the RRS, Introduction, Terminology under Notation .
FC	Fully Crewed
FS	Flying Sails
GLMRA	Great Lakes Multihull Racing Association
GMDSS	Global Maritime Distress Safety System
GLSS	Great Lakes Singled Handed Society
LO300	Lake Ontario 300 Challenge Race
LO600	Biannual Lake Ontario Challenge Race that uses LO300 as the first half of the race.
LOOR OSR	World Sailing's Offshore Special Regulations with Sail Canada Prescriptions and as amended by Lake Ontario Offshore Racing
LOOR	Lake Ontario Offshore Racing of Port Credit Yacht Club
MDC	Main Duck Course
MMSI	Maritime Mobile Service Identity issued by boat's flag state's telecommunications area
NFS	No Flying Sails
NoR	Notice of Race
NP	In a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.
OA	Organizing Authority
ORC	Offshore Racing Congress
OSR	World Sailing's Offshore Special Regulations
PCYC	Port Credit Yacht Club
PiC	Person-in-Charge, AKA skipper
RRS	World Sailing's Racing Rules of Sailing
SBC	Scotch Bonnet Course
SH	Single Handed/Solo
SIs	Sailing Instructions
TCF	Time Correction Factor to multiply actual elapsed time to obtain the corrected elapsed time. TCF is determined by the rating/handicap authority.

SAILING INSTRUCTIONS

*[DP] in a rule in the Notice of Race (NoR), Sailing Instructions (SIs) or other additional document denotes Discretionary Penalty as defined in the RRS, Introduction, Terminology under **Notation**.*

[NP] in a rule in the Notice of Race (NoR), Sailing Instructions (SIs) or other additional document denote a rule means that the penalty for a breach of that rule will not be grounds for a protest by a sailboat.

[SP] denotes a rule for which a standard penalty will be applied by the race committee without a hearing. The Standard Penalty assigned is listed in the applicable rule. This changes RRS 60.5 (b), Appendix A4, and Appendix A5.

1 THE RULES

- 1.1 See Notice of Race (NoR).

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the Sailing Instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3 COMMUNICATIONS WITH COMPETITORS.

- 3.1 The online Official Notice Board is located on the [LOOR Race Portal](#) --- [HERE](#).
- 3.2 The Race Office is located virtually: 1-866-462-8828, racecommittee@loor.ca.
- 3.3 Radio Communications
 - 3.3.1 Marine VHF Channel 71 Canadian will be used by the Race Committee for radio communication during the race.
 - 3.3.2 [DP] Each boat shall monitor VHF Channel 71 from 30 minutes before her warning signal until one hour after her start, and from approximately one hour before finishing or five (5) NM from the Finish, which ever occurs later, until 30 minutes after finishing
 - 3.3.3 Boats are encouraged to talk to other boats in the race on marine VHF channel 71 throughout the race, especially at 1000 and 2200 EDT.
 - 3.3.4 [DP] Boats shall monitor marine VHF channel 16 at all other times.

4 CODE OF CONDUCT

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.
- 4.2 [DP] Competitors and support persons shall handle any equipment or place advertising provided by the organizing authority with care, seamanship, in

accordance with any instructions for its use and without interfering with its functionality.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the main flagpole of the PCYC.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in Race Signals AP.

6 SCHEDULE OF RACES

- 6.1 The first warning signal is at:

RACE	PARTICIPANTS MEETING		RACE 1 ST WARNING	LOOR OSR CATEGORY
	DATE & TIME	LOCATION		
Race 1	09:30 Sun. May 31 st	PCYC	11:25 Sun. May 31 st	4
Race 2	19:30 Fri. June 26 th	PCYC	09:55 Sat. June 27 th	4
Race 3			09:55 Sun. June 28 th	4
Race 4	19:30 Fri. Aug. 14 th	PCYC	09:55 Sat. Aug. 15 th	3
Race 5	19:30 Fri. Sep. 18 th	PCYC	09:55 Sat. Sep. 19 th	4
Race 6			09:55 Sun. Sep. 20 th	4

Onsite check-in will occur 30 minutes before the scheduled start of each Participants' Meeting, except for Race 1.

For LOSHRS Race 4 (Long Distance/100 Miler), a LOOR OSR Category 3 race, the Participants' Meeting is mandatory.

- 6.2 Classes, division, and fleet splits and starting sequences, including class flags, for RRS 26, will be made available no later than 1500 EDT Thursday, May 28, 2026, on the Official Notice Board on the [LOOR Race Portal](#) --- [HERE](#).
- 6.3 They may be published earlier. The assignment of boats to a division, fleet or class is subject to change.

7 CLASS FLAGS

- 7.1 See 6.2 for class flags for RRS 26.

8 RACING AREA

- 8.1 The race will occur in western Lake Ontario.

9 THE COURSES

- 9.1 Race 1 Short Course

The course to be sailed will be signaled from the Race Committee Signal Vessel at or before the first warning:

- Course Delta – By the display of Code Flag Delta
- Course Echo – By the display of Code Flag Echo

Course Delta

Length = 14.2 NM

	WHAT	REFERENCE	HOW
	START	LOOR Start Alpha Area	
To	Mark	Fogh (LSYC) Buoy	Left to port
To	Mark	Gibraltar Point Lighted Spar Buoy (TE18)	Left to port
To	FINISH	NYC Mark 3	

Course Echo

Length = 12.7 NM

	WHAT	REFERENCE	HOW
	START	LOOR Start Alpha Area	
To	Mark	Fogh (LSYC) Buoy	Left to port
To	FINISH	Gibraltar Point Lighted Spar Buoy (TE18)	

9.2 Race 2 – PCYC to Bluffers Basin

Length = 22 NM

	WHAT	REFERENCE	HOW
	START	LOOR Start Alpha Area	
To	Mark	Fogh (LSYC) Buoy	Left to port
To	FINISH	Bluffers Basin Finish	

9.3 Race 3 – Bluffers Basin to PCYC

Length = 17 NM

	WHAT	REFERENCE	HOW
	START	Bluffers Basin Start	
To	FINISH	PCYC Finish Buoy for Onshore Finish & PCYC Shore Station	

9.4 Race 4 – Long Distance Race (100 Miler)

The course to be sailed will be signaled from the Race Committee Signal Vessel at or before the first warning:

- Course Delta – By the display of Code Flag Delta
- Course Echo – By the display of Code Flag Echo

9.4.1 Course Delta

Length = 88 NM

	WHAT	REFERENCE	HOW
	START	LOOR Start Alpha Area	
To	<i>Mark</i>	Ajax ODAS 45159	Left to starboard
To	<i>Mark</i>	Grimsby ODAS 45139	Left to starboard
To	<i>Mark</i>	Van Wagner Beach	Left to starboard
To	FINISH	PCYC Finish Buoy for Onshore Finish & PCYC Shore Station	

9.4.2 Course Echo

Length = 95 NM

	WHAT	REFERENCE	HOW
	START	LOOR Start Alpha Area	
To	<i>Mark</i>	Van Wagner Beach	Left to port
To	<i>Mark</i>	Grimsby ODAS 45139	Left to port
To	<i>Mark</i>	Ajax ODAS 45159	Left to port
To	FINISH	PCYC Finish Buoy for Onshore Finish & PCYC Shore Station	

9.5 Race 5 – PCYC to DYC

Length = 24 NM

	WHAT	REFERENCE	HOW
	START	LOOR Start Alpha Area	
To	FINISH	DYC Finish	

9.6 Race 6 – DYC to PCYC

Length = 24 NM

	WHAT	REFERENCE	HOW
	START	DYC Start	
To	<i>Mark</i>	Fogh (LSYC) Buoy	Left to Starboard
To	FINISH	PCYC Finish Buoy for Onshore Finish & PCYC Shore Station	

10

MARKS

10.1

Marks in Alphabetical Order

All locations are based on WGS84 chart datum.

REFERENCE	TYPE	DESCRIPTION	LOCATION
Ajax ODAS 45159	Mark-Obj	TC Lights List L 595.5 Yellow, marked "45159" FL (5) Y 20s	43° 46.000' N 078° 59.1000' W
Bluffers Basin Finish	Mark-Obj	Buffers Basin Mark "0" Red spar With text of "0"	043° 41.3770' N 079° 12.870' W
Bluffers Basin Start	Mark-Obj	Buffers Basin Mark "0" Red spar With text of "0"	043° 41.377' N 079° 12.870' W
DYC Finish	Mark-Obj	DYC Mark 3. a white plastic drum, approximately 0.7 NM on bearing 165° from the entrance to Dalhousie harbour.	043° 13.250' N 079° 16.205' W
DYC Start	Mark-Obj	DYC Mark 3. a white plastic drum, approximately 0.7 NM on bearing 165° from the entrance to Dalhousie harbour.	043° 13.250' N 079° 16.205' W
Gibraltar Point Lighted Spar Buoy (TE18)	Mark-Obj	TC Lights List 511 Red spar marked "TE18". FL R 4	043° 36.320' N 079° 23.505' W
Grimsby ODAS 45139	Mark-Obj	TC Lights List L 528.5 Yellow, marked "45139" FL (5) Y 20s	043° 15.539' N 079° 32.322' W
Fogh (LSYC) Buoy	Mark-Obj	White spar	43° 30.645' N 079° 33.690' W
LOOR Start Alpha Area	Mark-Obj	<i>An inflatable</i> approximately 0.9 NM on a bearing of 080° magnetic from the entrance to the harbour at Port Credit Yacht Club.	043° 34.030' N 079° 32.327' W
NYC Mark 3	Mark-Obj	Spar	043° 35.620' N 079° 25.550 W
PCYC Buoy for Onshore Finish	Mark-Obj	A white buoy with orange stripes and fixed low intensity flashing white light, lighted only overnight.	43° 33.672' N 079° 33.389' W
PCYC Station for Onshore Finish	Mark-Obj	A staff/mast flying orange and blue flags, located on the	043° 33.765' N 079° 33.430' W

		headland immediately west of the entrance to the harbour at PCYC	
Van Wagner Beach	Mark-Obj	TC Lights List 537.8 Yellow Tower Fl (5) Y 20s	043° 16.222' N 079° 45.555' W

Mark-Obj A *mark* that is an object.

Mark-WP A *mark* that is a *waypoint*, see RRS Appendix WP

10.2 Marks as listed, above, should be at the identified latitude and longitude location. If a mark is not at the identified latitude and longitude location, or otherwise cannot be seen due to poor visibility, then the boat shall round the identified latitude and longitude location as indicated in the Sailing Instructions and continue with the race.

10.3 A record shall be entered in the boat's log detailing the timeline and efforts made to find the mark and the time that the mark's identified latitude and longitude was deemed to have been rounded. This record shall be provided as per the Notice of Race (NoR).

10.4 The boat's GPS tracking record shall be saved and provided for evidentiary review by the Race Committee on request. This includes substantiating the passing or rounding a *waypoint*.

11 OBSTRUCTIONS & EXCLUSION ZONES

11.1 [DP] The following area is designated as an obstruction and an exclusion, keep out area: USA waters

12 THE START

12.1 Races will be started by using *Rule 26*, with an interval of at least one minute between a starting signal and the warning signal for the next start.

12.2 The starting line will be between an inflatable mark and the halyard carrying an orange flag on the Race Committee signal vessel.

12.3 After the first warning signal and prior to her warning signal, a boat shall keep clear of the starting area that extends one-quarter of the length of the starting line ahead of and behind the starting line. It shall also extend one-quarter of the length of the starting line past both ends of the starting line; see Diagram - The Starting Area.

12.4 *If and only if, code flag "L" is displayed*, on the Race Committee Signal Vessel, boats shall sail on starboard tack close to the stern of the Race Committee Signal Vessel and shall report its sail number. Check in will not be complete until the Race Committee acknowledges the boat. Check in by VHF radio or cell phone may not be accepted.

- 12.5 [NP] Any boats starting within the starting time window, as amended in the NoR, and if the Race Committee is no longer on station, shall radio the Race Committee VHF Channel 71 Canadian when she is starting.

13 THE FINISH

- 13.1 The finish is between the Finish Mark and the blue & orange flags at the Race Committee Shore Station or on the Race Committee Signal Vessel.
- 13.2 Each boat shall call/hail the Race Committee Shore Station approximately three (3) NM from the finish on VHF Channel 71 Canadian. Boats shall maintain radio contact with the shore station throughout the finish to ensure correct identification of the finishing boat, until 30 minutes after finishing, whether day or night. When finishing between sunset and sunrise, all boats shall announce their sail numbers, immediately prior to finishing, and record their finish time.
- 13.3 After a boat has finished, the Race Committee may acknowledge the completion by providing the boat's finish time or other signal. This acknowledgement, the failure to make the acknowledgement or its order, will not be grounds for a request for redress. This changes RRS 61.1(a).
- 13.4 In the absence of the Race Committee at the finish line, a yacht shall take her own finishing time and notify the Race Committee at the finish by VHF radio, phone call to race committee phone number or email to race committee email. The report shall be submitted with four (4) hours.

The recommended approach is to take a photograph of a GPS screen showing the time and position and submitting to the Race Committee email address.

- 13.5 If there is no longer an established finishing line, the finish shall be a line extending from the finishing mark at right angles to the course from the last mark and of less than 75 metres in length in either direction from the mark.
- 13.6 If neither the Race Committee Vessel is on station at the finish nor is there a Finish Mark, the finish shall be a line extending from the identified latitude and longitude location of the Finish Mark, as indicated in the Sailing Instructions, at right angles to the course from the last mark and of less than 75 metres in either direction from the identified latitude and longitude location of the Finish Mark

14 PENALTY SYSTEM

- 14.1 The Scoring Penalty, RRS 44.3, applies as amended in the Notice of Race.
- 14.2 The additional items listed in the Notice of Race under PENALTY SYSTEM apply.

15 TIME LIMITS

- 15.1 There is no time limit.

16 HEARING REQUESTS.

- 16.1 Protests or Requests for Redress shall be filed, within two hours of a boat's finish, using online submission feature available for this event on the [LOOR Race Portal](#).
- 16.2 Notices of Protests or Requests for Redress by the Committees will be posted to inform boats under RRS 60.2 (d) on the Notice Board for this event on the [LOOR Race Portal](#) --- [HERE](#). The time limit for filing Protests or Requests for Redress by the Race or Technical Committee is two (2) hours after the last boat to finish or retire, whichever is later. This changes RRS 60.2 (a) (2).
- 16.3 Hearings will be scheduled to take place at either at PCYC or virtually, as required.
- 16.4 RRS 60.4(a) (2) is changed as follows: (2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or...

17 SCORING

- 17.1 Solo/Single-Handed (SH), Double-Handed (DH) & Fully Crewed (FC) boats will race under following the rating/handicap systems:
- | | |
|-----------|--------------------------------------|
| Multihull | GLMRA Rule applies |
| PHRF-LO | Time on Time from PHRF-LO P2P Rating |
- 17.2 Boats will be scored in their own classes.
- 17.3 See Notice of Race (NoR) for series scoring.

18 SAFETY REGULATIONS

- 18.1 Boats are encouraged to implement their own check-in process and with individuals ashore via phone email or other mechanism.
- 18.2 [DP]A boat withdrawing from the race shall wear her national flag or ensign and keep clear of other competitors.
- 18.3 [DP]The Race Committee shall be notified of a boat's withdrawal at the earliest possible opportunity on VHF Channel Canadian 71, at the following telephone number 1-866-462-8828, or at the email address of racecommittee@loor.ca.
- 18.4 Boats may check in with the Race Committee at any time during the race to advise the Race Committee of their position at 1-866-462-8828 or the email address of racecommittee@loor.ca .
- 18.5 Failure of a boat to make every reasonable effort, under the circumstances, to comply with SI 18.3, may result in protest by the Race Committee. The results of this hearing may be used by the Organizing Authority whether to accept future registrations by this boat or owner.

- 18.6 [DP] All boats racing shall maintain a log of significant events, mark rounding, calls to the Coast Guard or similar organization, and engine on and off, with reason. This record shall be provided as per Notice of Race (NoR).

19 EQUIPMENT AND MEASUREMENT CHECKS

[NP] [DP] A boat may be inspected at any time during the period from the Mandatory Participants' Meeting until three hours after her finish. The Race Committee may, at the finish of the race, direct a boat to proceed directly to a designated location at Port Credit Yacht Club. A boat which fails to follow such directions, or which subsequently fails the inspection may be protested by the Technical Committee.

20 PRIZES

- 20.1 Prizes will be given as listed on the NoR or at www.loor.ca.
- 20.2 Flags will be available immediately before the LOOR Combined Trophy Banquet on Friday, November 13, 2026, at Port Credit Yacht Club (PCYC).
- 20.3 The trophies will be presented at the LOOR Combined Trophy Banquet on Friday, November 13, 2026, at Port Credit Yacht Club (PCYC).

21 RISK STATEMENT

By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other vessels, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia, or other causes. By participating in this event, each competitor agrees to release the race organizers, volunteers, and sponsors from all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

The Person-in-Charge/Skipper/Owner of the boat is responsible for the safety of the crew and the boat and is solely at their discretion to participate in any events

22 INSURANCE

- 22.1 [DP] Each participating boat shall be insured with a valid third-party liability insurance policy with a minimum cover of \$2,000,000 CAD per event for Canadian boats and an adequate level of third-party liability insurance applicable in Canadian and US waters for non-Canadian boats.

FURTHER INFORMATION

The Official Notice Board is on the [LOOR Race Portal](#) --- [HERE](#) and includes the Event's Class Organization (Splits) and Starting Sequences Document

And the following documents:

- LOOR Offshore Special Regulations for Monohulls
- LOOR Offshore Special Regulations for Multihulls
- LOOR Crew Overboard Recovery Drill Certificate (CORDC)
- GLSS Sailing Experience Resume

are available under Annual Notices on the [LOOR Race Portal](#) --- [HERE](#).

CONTACTS

ORGANIZING AUTHORITY CONTACTS		
LO300 Registration	registrar@loor.ca	www.loor.ca
LO300 Race Committee	racecommittee@loor.ca	www.loor.ca
LOOR Safety	safety@loor.ca	www.loor.ca
LOOR	info@loor.ca	www.loor.ca
GLSS	glss@loor.ca	www.solosailors.org
PCYC		www.pcy.net
HANDICAP SYSTEMS CONTACTS		
GLMRA	racecommittee@loor.ca	
PHRF-LO	Contact your club's PHRF-LO Handicapper	www.phrf-lo.org

DIAGRAMS (Start Area & Onshore Finish)

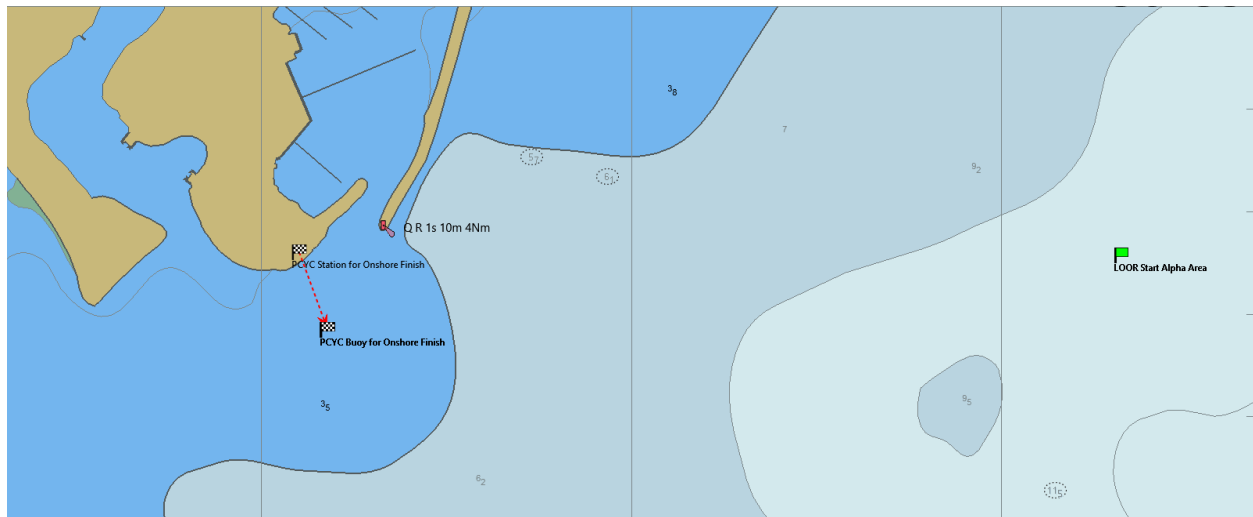
THE STARTING AREA



The Starting Area

After the first warning signal for a race and prior to her warning signal, a sailboat shall keep clear of the starting area that extends one-quarter of the length of the starting line ahead of and behind the starting line. It shall also extend one-quarter of the length of the starting line past either end of the starting line

The Onshore Finish

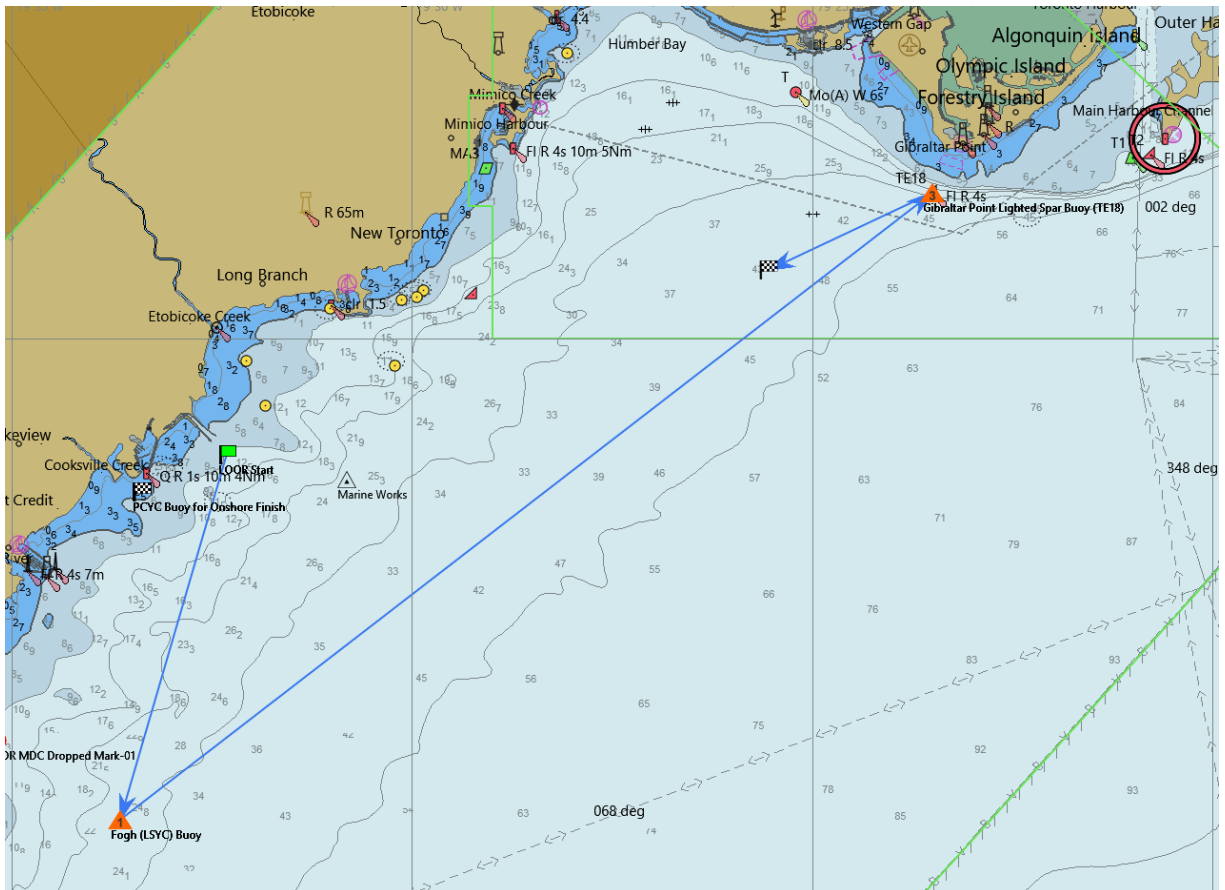


DIAGRAMS (The Courses)

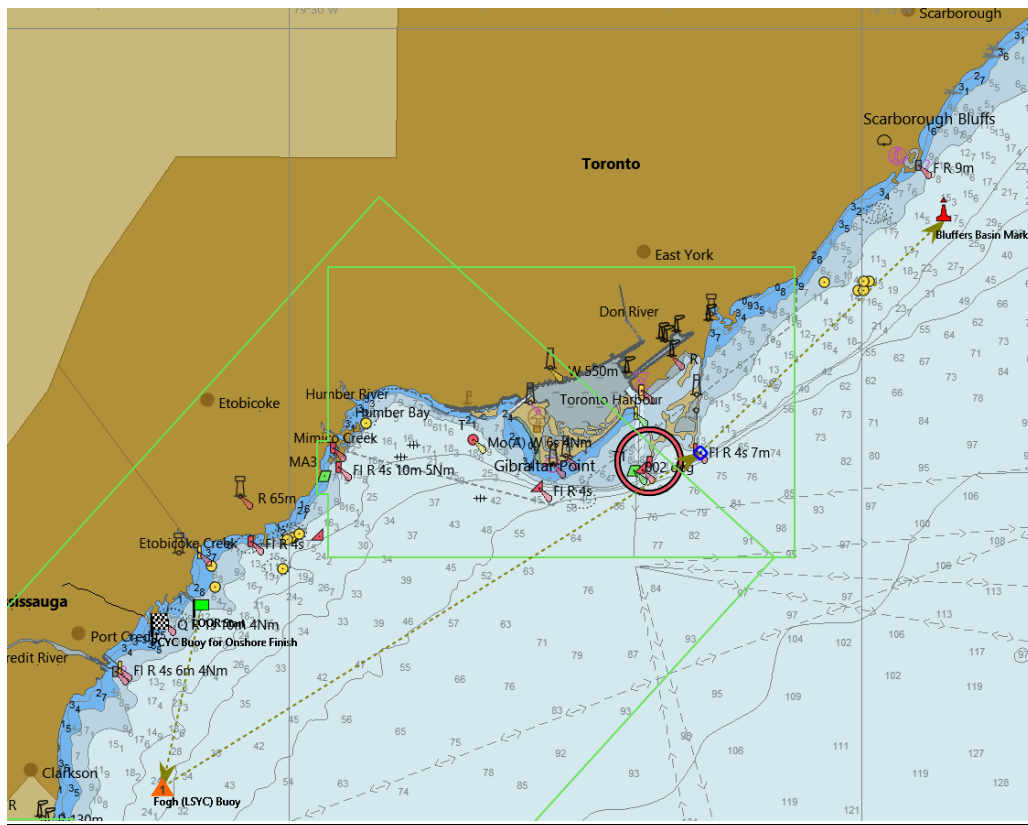
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Race 1

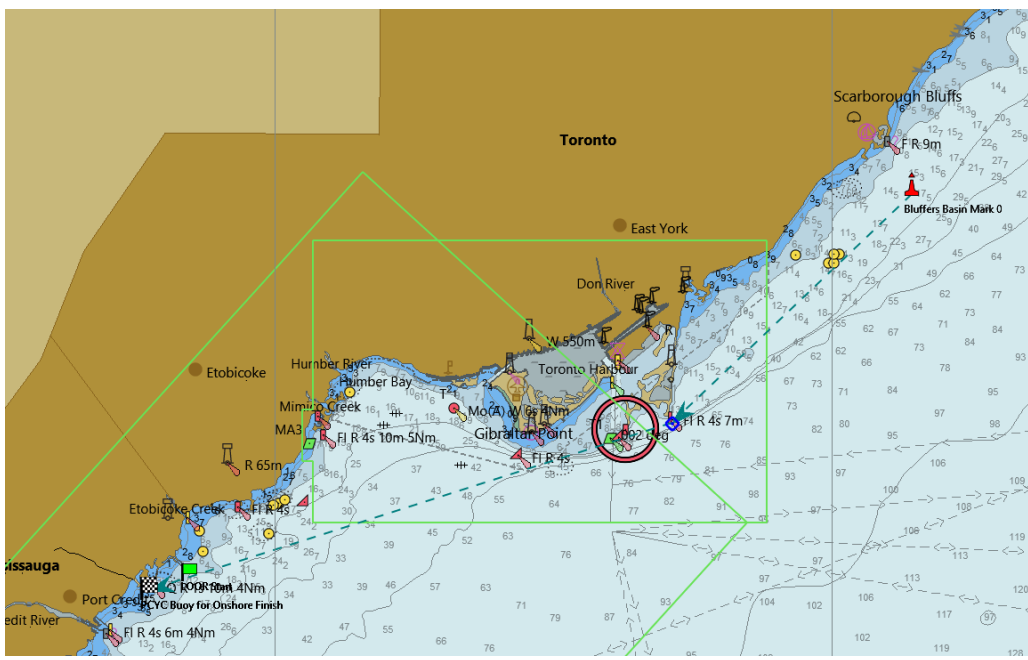
Courses Delta & Echo



Race 2

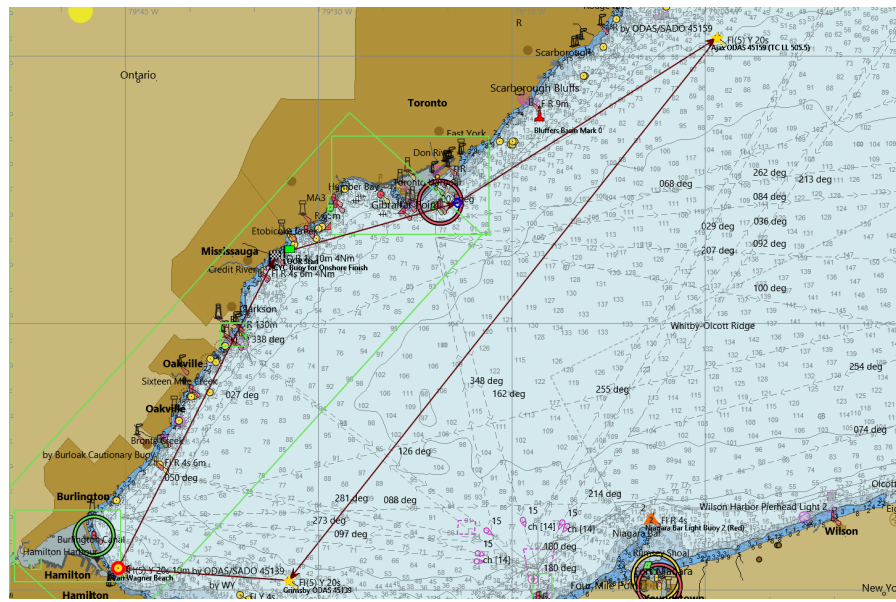


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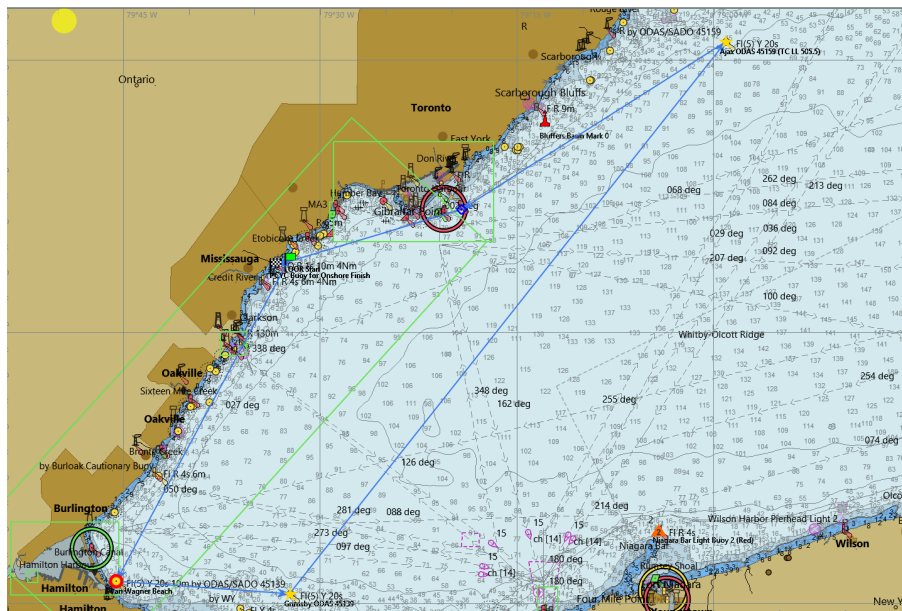


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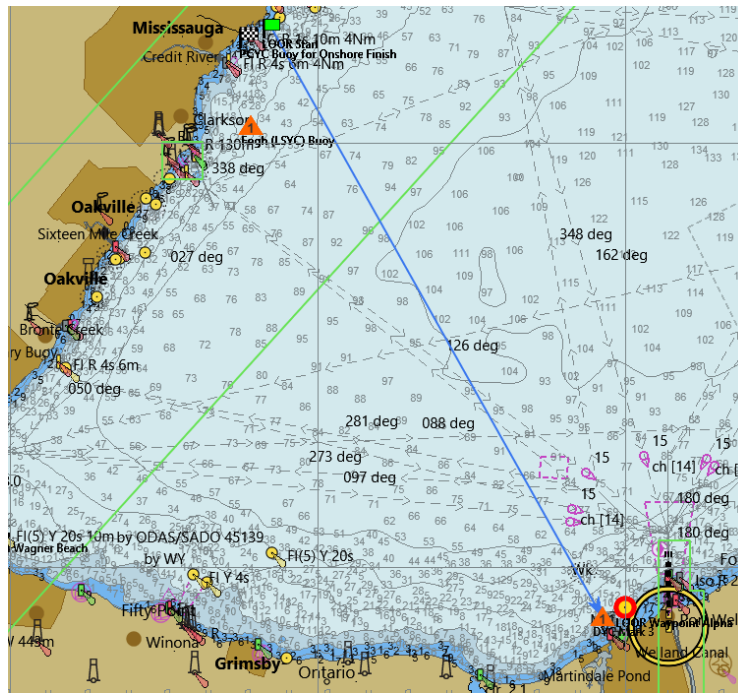
Course Delta



Course Echo



Race 5



Race 6

